



Cheer Camp

Loudoun Valley Community Center

Monday-Friday

June 20-24, 2011

\$199/week

Ages 5-9: 9:00a-Noon

Activity # 801204-01

Ages 10-14: 1:00a-4:00p

Activity #801204-02

Cheerleading is an exciting and fun sport that increases physical stamina, flexibility, and discipline. Participants will have the opportunity to learn different cheers, chants, and dance routines each day. They will also learn the correct stunting, jumping, and motion techniques that will prepare them for a possible future in cheerleading. Team building activities will allow participants to learn to appreciate the value of teamwork while most importantly - having fun!